

The Letter U

Books:

1. [Twinkle, Twinkle, Unicorn, by. Jeffrey Burton](#)
2. [Up, Down, and Around, by. Katherine Ayres](#)
3. [Come Back, Ben, by. Ann Hassett and John Hassett](#)
4. [Underwear, by. Jenn Harney](#)

Songs/Fingerplays:

1. Hickory Dickory Dock (play along with this song, pretend the different animals are your fingers and your arm is the clock, climb your fingers up your arm and back down)
<https://www.youtube.com/watch?v=HGgskIW-mtg>
2. Wave your scarf up and down (find a scarf or a piece a fabric to play along with this song)
<https://www.youtube.com/watch?v=vMWC8jd-Pvg>

Activity:

Do you have a large sheet or blanket at home? Hold the corners and practice the up and down motion with your child. You could even try going fast and slow. If you have another grown-up at home or older sibling, have the younger child go under the blanket while the sheet or blanket is being moved up and down.