

# Mealtime Storytime

## Sign Language:

1. Apple  
<https://babysignlanguage.com/dictionary/apple/>
2. Food & Eat  
<https://babysignlanguage.com/dictionary/food/>

## Books:

1. [How do Dinosaurs Eat their Food? by. Jane Yolen](#)
2. [Bee-bim bop! by. Linda Sue Park](#)
3. [Apple Cake: A Gratitude, by. Dawn Casey](#)
4. [Whopper Cake, by. Karma Wilson](#)

## Songs/Fingerplays:

1. [The Wiggles: Hot Potato](#)- Sing & play along with this song (Follow along with The Wiggles!)
2. [Apples and Bananas](#)– Sing & play along with this song (Have fun!)

## Activity:

Create a sensory bin with uncooked rice, noodles, and other food related objects. Put in scoops and spoons for children to explore with.